GENESEE COMMUNITY COLLEGE
NURSING 210
GERIATRIC CLINICAL ROTATION

Student Learning Objectives

At the completion of the Geriatric Clinical rotation, the student will:

1. Recognize and identify one’s own attitude, values, and expectations about aging, and their impact on nursing care of older adults. (Professional Behaviors)

2. Communicate effectively, respectfully, and compassionately with older adults and their families. (Communication)

3. Incorporate into daily practice the use of valid and reliable tools to assess the functional, physical, cognitive, psychological, social, and spiritual status of older adults. (Assessment)

4. Assess older adults’ living environment with special awareness of the functional, physical, cognitive, psychological, and social changes common in old age. (Assessment, Clinical Decision Making)

5. Analyze the effectiveness of community resources in assisting older adults and their families to retain personal goals, maximize function, maintain independence, and live in the least restrictive environment. (Collaboration, Managing Care)

6. Contrast the opportunities and constraints of supportive living arrangements on the function and independence of older adults and on their families. (Clinical Decision Making, Caring Interventions)

7. Recognize the benefits of interdisciplinary team participation in the care of older adults. (Collaboration)

8. Facilitate older adults’ active participation in all aspects of their own health care, in particular Advance Care Planning and the value of quality end-of-life care. (Caring Interventions, Teaching and Learning)

9. Identify health and safety related educational needs of the older adult, and provide appropriate individualized health teaching. (Teaching and Learning)
The NUR 210 Geriatric clinical rotation is designed to provide a community based clinical experience with older adults. Through partnership with community agencies, the Nursing student engages in the care of older adults across a variety of health care settings.

Requirements for this rotation are as follows:

I. Advance Care Planning Facilitator Training (12 hrs)
II. Completion of an Advance Care Planning session with a group of older adults and with an individual older adult (Two sessions, 6 hrs)
III. Individual meetings with an older adult in the community setting (Two sessions, 6 hrs)
IV. Long-term care (One session, 6 hrs)
V. Community agencies (Two sessions, 8 hrs)
VI. Geriatric Clinical Seminar presentations (6 hrs)

A brief explanation of each clinical assignment is provided below. Details of each assignment will also be discussed in clinical orientation.

I. Advance Care Planning Facilitator Training (12 hours)

Genesee Community College is the first Nursing program in the United States to implement formal Advance Care Planning facilitator training for Nursing students. This training has been developed in collaboration with the Gundersen Lutheran Medical Foundation’s Respecting Choices® program, the Genesee County Office for the Aging, and the Genesee County Long Term Task Force Initiative. Advance Care Planning is the process of assisting individuals in understanding medical conditions and potential complications, options for future medical care including end-of-life care, discussing choices with family, loved ones, and providers, and providing assistance in completion of advance directive documents.

The facilitator training consists of a four (4) hour online module, followed by a full day of training at the beginning of each clinical rotation (9/3/08, 9/30/08, 11/3/08). At the completion of the training, the student will be certified as an advance care planning facilitator. Specific requirements for successful completion will be reviewed in NUR 210 (in class/online).

II. Completion of Advance Care Planning Sessions (Two sessions, 6 hours)

Following completion of the ACP facilitator training, the student will provide advance care planning within the community. These assignments must be approved by the instructor, and completed prior to the seminar day at the end of the clinical rotation. There are 2 requirements:

1. ACP session with a group of older adults – Working in groups of three, students will identify an appropriate group of older adults and present an advance care planning session. There are a variety of groups and settings
2. **ACP session with an individual older adult** – Each student will conduct an advance care planning session with an individual (and possibly their loved one[s]). This may take place during the individual meetings (see III) or with an older adult of the student’s choice. Each student will complete a worksheet for the session (S/U grade). Students will present the results of the session at the geriatric clinical seminar.

The focus of this clinical assignment is reflected in Student Learning Objectives 1, 2, 8, 9.

Please reference the attached forms: **Group ACP Assignments, Individual ACP Assignment, Grading Rubric for ACP**

### III. Individual Older Adult Meetings in the Community Setting (Two sessions, 6 hours)

Several community agencies within the Genesee County Long Term Task Force have identified older adults who will participate in individual meetings with students. These meetings will include the following activities:

1. Completion of three (3) valid and reliable assessment tools appropriate for the older client
2. Identification of a teaching/learning need, and completion of a health teaching plan (S/U)
3. Advance Care planning session (possible)
4. Completion of the Older Adult in the Community worksheet, parts 1 & 2 (S/U)
5. Journal entry (Blackboard email to instructor) after each meeting

The student will sign up and schedule meetings with the older client who will participate in this portion of clinical. Participating clients, their availability and locations for meetings will be available at the start of each clinical rotation. Sign up sheets will be provided. It is each student’s responsibility to coordinate the meetings with the client, and provide meeting information (site, date, time, etc.) to the faculty and the community agency. Please note that the student will not be allowed to transport the client or perform any invasive procedures. The focus of this clinical assignment is reflected in Student Learning Objectives 1-9.

Please reference the attached forms: **Health Teaching Plan, Older Adult in the Community worksheet**
Assessment tools from the Hartford Institute for Geriatric Nursing, Try This: Best Practices in Nursing Care to Older Adults will be provided.

IV. **Long-Term Care** (One session, 6 hours)

Long-term care encompasses a broad spectrum of comprehensive health care, and addresses both illness and wellness of the individual. Long-term care facilities provide assistance with the restoration or stabilization of physical and mental health, the psychological, social and spiritual needs of the residents, and the development of a relationship with the community inside and outside the facility. This clinical experience provides the opportunity to better understand the long-term care environment for older adults at participating facilities. The following activities are required:

1. The student will be assigned to a resident of a participating facility and will attend a comprehensive care planning meeting for the resident.
2. Prior to the meeting, the student will meet the resident and review the chart and treatment plan.
3. Completion of the Long-Term Care assignment worksheet. (S/U)
4. Completion of a journal entry (Blackboard email to instructor) after the meeting.

The student will sign up for the scheduled meeting related to the assigned resident. Participating clients, times and locations for meetings will be available at the start of each clinical rotation. Sign up sheets will be provided. Attendance at the participating facility and satisfactory completion of the Long Term Care assignment worksheet is required. The focus of this clinical assignment is reflected in Student Learning Objectives 1,2,4,6,7.

Please reference the attached form: **Long-Term Care assignment**

V. **Community Agencies** (Two sessions, 8 hours)

Members of the Genesee County Long Term Task Force provide a variety of services that assist older adults in the community. The student will have the opportunity to experience some of these services through attendance at participating agencies’ activities. This clinical experience includes the following:

1. The student will participate in activities provided by two (2) agencies that serve older adults.
2. Completion of two (2) Community Agency worksheets, one for each agency (S/U)
3. Completion of a journal entry (Blackboard email to instructor) after each activity.

A list of participating agencies will be provided. Students will sign up for specific dates and times for sessions. Activities will vary, depending on which agency the student chooses. Students are required to provide their own transportation to the various agencies,
including on-site visits to clients’ residences. Attendance at the agency and satisfactory
completion of 2 Community Agency worksheets is required. The focus of this clinical
assignment is reflected in Student Learning Objectives 1,2,5,7.

Please reference the attached form: Community Agency worksheet

VI. Geriatric Clinical Seminar (6 hours)

The seminar is scheduled at the completion of the five (5) week Geriatric clinical rotation
(9/29/08, 10/28/08, 11/25/08). This seminar allows students to reflect on perspectives and
attitudes regarding care of older adults, share their experiences from the clinical
assignments, and discuss how these experiences will impact their nursing care delivery.
Representatives from participating community agencies are invited to attend. Presentations
will include:

1. Group Advance Care Planning session
2. Individual Advance Care Planning session
3. Community clinical experience

Student Responsibilities:

1. Each student must sign up for scheduled clinical experiences on the appropriate
   sign up sheets (individual meetings, long-term care, community agencies). Student
   compliance and attendance at assigned clinical experiences is mandatory and will
   be monitored. Failure to attend a scheduled clinical meeting will result in a clinical
   unsatisfactory.
2. Each student must complete an online journal entry after each community clinical
   experience. This journal entry is submitted to the clinical instructor on Blackboard
   email within 24 hours of the clinical experience. Specific requirements for the
   journal entry are noted on assigned worksheets. Journal entries should address the
   student’s reflection on what was learned from the clinical experience, and how it
   can be incorporated into nursing practice.
3. Written assignments are required for the clinical experiences. See attachments for
   sample worksheets. Failure to complete and submit written assignments will result
   in a clinical unsatisfactory.
4. You are representing the Nursing program of Genesee Community College while
   participating in community-based activities. Attire must be professional and
   appropriate, and GCC identification must be worn at all times. Please refer to the
   Nursing Student Handbook (pages 25-26) regarding clinical attendance policy and
dress code.
5. Students will be assigned to a clinical experience presentation for the seminar, prior
   to the seminar date.
6. Be cognizant of time frames for this community-based clinical rotation. You have
   approximately 5 weeks to complete all activities, which require planning and
   scheduling.
7. Each student must have transportation to the clinical sites, including on-site visits to clients’ residences, if necessary.
8. Clinical attendance is mandatory. Absence from a clinical experience without prior notification will result in an unsatisfactory clinical evaluation. If unable to attend a scheduled clinical experience, all parties (instructor, clinical facility, client) must be notified prior to the scheduled meeting. Rescheduled clinical experiences or alternate assignments will be coordinated with the instructor.

**Tips for Community-Based Clinical Experiences**

1. Greet the client, introduce yourself and explain your role. Be sure the client knows that the information provided to you will remain in the strictest confidence.
2. Remember that you are in the client’s residence. Please be respectful of their home and their property.
3. Assure the client that you will provide information to assist him/her in addressing any issues or concerns he/she may have presented. Where appropriate, you may make a referral to the Office for the Aging, so that additional information can be obtained to address issues and concerns, or to determine if additional services are needed. (Rapid Referral Form)
4. The Office for the Aging has a protocol to follow in the event a client is in need of emergency care or assistance. At times it will be very clear that the client is in crisis; at other times it may not be as clear, but you may suspect that there may be an urgent need. In both cases, you should speak as soon as possible with the instructor, call the Office for the Aging at 343-1611, or call 9-1-1 if it is clearly a medical emergency, fire, or crime in progress.
5. Consider providing written material to the client, if appropriate. The Office for the Aging has a variety of information packets, including the NY Connects Directory and the Reaching Out Directory.